

Elyria Parks & Recreation Department

2016 - 17 Fall/Winter Programs

Adult Exercise Classes East Recreation Center

Zumba Classes with Stacy Stanford
Monday and Wednesday 5:30-6:30 pm
Session 1 September 12—October 19
Session 2 October 24—December 5
(no class 10/31)

Cost: \$60 per session
Drop in Cost: \$7 per visit

Cardio Sculpt with Sue Stephenson
Tuesday and Thursdays 5:30-6:30 pm
Session 1 October 11—November 22
(no class 11/8)

Cost: \$60 per session
Drop in Cost: \$7 per visit

December 6—December 22
(Drop-in, or Punch card)
\$7 per visit
(no class 12/15)

Zumba—Mondays/Wednesdays
Fitness—Tuesdays/Thursdays

**** Buy a 12 Class punch card for \$60 and use it for either Zumba or Cardio Sculpt.**

REGISTER ON-LINE AT

WWW.CITYOFELYRIA.ORG/DEPARTMENT/PARKS

Holiday at Finwood

The Finwood Estate at 799 North Abbe Road, will be decorated for the holiday season by the Parks & Recreation Department.

Visit with Santa, have refreshments, and enjoy the lights and displays.

6:00 - 9:00 p.m.

December 2 - 23

A non-perishable canned food donation will be accepted as admission.

Outside lights will remain on until January 2, 2017.

Elyria Apple Festival 5k Run & Fun Walk

Sunday, September 18
8:30 a.m. (rain or shine)

Pre-register at the Parks Main Office by September 16th by 3:30 p.m.
\$12 with T-shirt \$8 without T-shirt

Race Day Registration will be accepted at Northwood Junior High School.
\$15 with T-shirt \$10 without T-shirt
Fun Walk is FREE!

Various age divisions and awards. All proceeds will benefit the Elyria Parks and Recreation Department.

Elyria Apple Festival 3rd Annual Corn Hole Tournament

Saturday, September 17

4:00 p.m. (behind Justice Center, across from City Hall)
Pre-register at Parks Main Office by September 15.

\$30 per team, \$40 Late Registration if spots available

Ages 16 & Older, Double Elimination Tournament
Open to first 32 teams that Register

Make checks payable to Elyria Apple Festival.

\$200 prize money donated by **GROBE FRUIT FARM**

Festival of Lights

December 3

3:00 - 6:00 p.m.

Join us at Ely Square for our annual Festival of Lights. Enjoy the beautiful day with the City of Elyria with crafts, performances by local groups, and more. Take a walk through the lighted square and make sure to stop by and see Santa. For additional information go to our website at www.cityofelyria.org.

SOCCER PROGRAMS

OUTDOOR SOCCER LEAGUES

Divisions: Age 4-K-1, 2-3, 4-5, 6-8

Season runs September 10 - October 22.

Games are played on Saturdays at the West Park Soccer Complex. Teams will practice one evening during the week. All coaches are volunteers. If you are interested in coaching call our main office at 440-326-1500.

Note: Games may be scheduled on a weeknight if needed.

Cost: \$37 Non-Residents: \$42
Registration Ends: August 24

START SMART SOCCER

Ages 3 - 5 years

Start Smart Soccer, a program of the National Alliance for Youth Sports, teaches children basic motor skills and sports mechanics necessary to play organized soccer while working one-on-one and spending quality time with a parent. The program will consist of six classes Tuesdays & Thursdays at East Park.

September 13 - October 6
(skip Sept. 15 & Sept. 22)

Class Times: 5:00, 5:45 or 6:30 p.m.

Cost: \$37 Non-Resident: \$42
Registration Ends: September 7

SQUEAKY SNEAKERS SOCCER

Boys and Girls Ages 4-6

Emphasis will be placed on fundamentals, team work, sportsmanship and fair play. The program will be held inside South Recreation Center. Class times are 5:30 or 6:30 p.m.

Session 1: Tuesdays, November 15—December 13
Registration Ends: November 8

Session 2: Wednesdays, February 22—March 22
Registration Ends: February 15

Cost: \$38 Non - Resident: \$43

FOOTBALL PROGRAMS

FLAG FOOTBALL LEAGUE

Boys and Girls Grades K - 2

The league is played at East Park from Saturday, September 10 to Saturday, October 22. Teams practice one night per week with volunteer coaches. If you are interested in coaching call our main office at 440-326-1500.

Note: Games may be scheduled on a weeknight if needed.

Cost: \$37 Non - Resident \$42
Registration Ends: August 24

TENNIS PROGRAMS

YOUTH TENNIS LESSONS

Boys and Girls Ages 4 - 12

October 1- October 29

Great program for learning basic tennis skills and coordination through games and drills. Classes will be held at the South Recreation Center on Saturdays for five weeks.

9:00 a.m.	Ages 8 - 12
10:00 a.m.	Ages 8 - 12
11:00 a.m.	Ages 4 - 7

Cost: \$33 Non - Resident: \$38
\$5 additional for t-shirt
Registration Ends: September 23

CLEVELAND POPS CONCERT

Saturday, September 3

(Rain Date: September 4)

7:00 p.m.— Ely Square

Children and Family activities begin at 5:30 p.m.

The Mission of the Elyria Parks and Recreation Department is to ensure the availability of modern, safe, equitable, well-maintained, and affordable recreational opportunities that improve fitness and enhance quality of life for residents of all ages and ability levels, while promoting community cohesion and protecting the natural beauty of the environment.

All programs and services offered by the City of Elyria are available without regard to race, color religion, sex, national origin, age, marital or veteran status, disability or any other legally protected status.

Main Office: 131 Court St., Suite 103 440-326-1500
Register On-line : www.cityofelyria.org/department/parks
Email: parks@cityofelyria.org Like us on Facebook

YOUTH VOLLEYBALL PROGRAMS

VOLLEYBALL CLINIC 2017 (Grades 3-8)

January 7 - February 11
Classes will be held on Saturdays

9:30 - 10:45 a.m. **Beginners**
11:00 a.m. - 12:15 p.m. **Previous Experience**
Grades 6-8 must enroll in Pre. Exp. Class

Cost: \$38 Non-Resident \$43
Registration Ends: December 29



JUNIOR VOLLEYBALL LEAGUE Open to Boys and Girls Grades 3 - 8

This eight week session is an instructional league for the beginning volleyball player. All matches will be played at the West Recreation Center. Previous experience in the sport of volleyball is recommended.

Divisions of Play: Grades 3 - 5, 6 - 8.

Fall League 2016 Begins Sept. 24 Reg. Ends Sept. 14
Winter League 2017 Begins Feb. 18 Reg. Ends Feb. 3

Cost: \$38 Non - Resident \$43

GIRLS HIGH SCHOOL VOLLEYBALL LEAGUE Girls Grades 9-12

This eight week session will be played at the West Recreation Center on Thursday evenings. Sign up as an individual. Participants will be placed on a team with a volunteer coach.

Fall League 2016 Begins Sept. 29 Reg. Ends Sept. 14

Cost: \$38 Non - Resident \$43



OPEN RECREATION PROGRAM

This **FREE** program is open to all children grades K - 8. The Open Recreation Program involves organized games and free play. All programs are well supervised. The season begins the week of October 11 and runs through February of 2017. The Recreation Center will be closed when school is closed.

Registration is required to participate in Open Recreation and forms are available at the Recreation Centers.

EAST RECREATION CENTER 1101 Prospect St.

Grades K- 5
Tuesdays, Thursdays
2:45 - 5:00p.m.

Grades 6-8 (Must Show school ID)
Mondays & Wednesdays
2:45 - 5:00 p.m.

ARCHERY PROGRAMS

This program is open to boys and girls grades 5 & up who are interested in learning the proper techniques of Archery. A certified NASP instructor will introduce and instruct on the basic skills and safety of Archery. This class also includes time for participants to practice techniques.

All classes will take place at South Recreation Center.
Fall Sessions will be held on Thursdays.
Winter sessions will be held on Tuesdays.

Beginner I Archery

Fall I - September 8- October 13, skip 9/22: 5:30 - 6:15 p.m.
Registration Ends: September 6

Fall II- October 20- November 17, 5:30 - 6:15 p.m.
Registration Ends: October 11

Winter I - January 3- February 7, skip 1/17:5:30 - 6:15 p.m.
Registration Ends: December 29

Winter II - February 28 - March 28, 5:30 - 6:15 p.m.
Registration Ends: February 24

Advanced Archery

Fall I - September 8- October 13, skip 9/22: 6:30 - 7:15 p.m.
Registration Ends: September 6

Fall II- October 20- November 17, skip 1/17:6:30 - 7:15 p.m.
Registration Ends: October 11

Winter I - January 3- February 7, 6:30 - 7:15 p.m.
Registration Ends: December 29

Winter II - February 28 - March 28, 6:30 - 7:15 p.m.
Registration Ends: February 24



Cost \$38 Non-Residents \$43

RECREATION CENTERS/FACILITIES

Main Office, 131 Court Street, Suite 103	326-1500
East Recreation Center, 1101 Prospect	322-3028
East Pool, 1105 Prospect Street	323-3867
North Pool/Ice Arena, 901 Duffey Street	365-4251
West Recreation Center, 1200 Foster	323-7755
South Recreation Center, 215 16th Street	322-7601
Finwood Estate, 799 North Abbe Road	365-4727
Softball Rain-out Hotline:	322-7696

FACILITY RENTAL INFORMATION

Facility Rentals must be paid at least 2 week in advance of rental date. Reservations are subject to availability and staffing. Call 326-1500 to reserve a facility.

Gymnasiums	\$45 per hour
Finwood Estate	\$50 per hour
South Meeting Room	\$35 per hour
East Meeting Room	\$20 **
Ice Arena	\$165 per hour
Pools (Seasonal)	\$165 per hour

**one time fee and can only be added to a gymnasium rental

PICNIC SHELTER RENTALS

Cost: \$25 per session \$60 all day

There are three sessions available:
8:00 - 11:45 a.m., Noon - 4:45 p.m., and 5:00 - Dark.
Electricity is NOT available at any of our shelters.
Restrooms will be open Memorial Day through Labor Day.

Hilltop Park	1231 Gulf Road (2 shelters)
West Park	1200 Foster Avenue (1 shelter)
South Park	215 16th Street (1 shelter)

All Shelter reservations must be made in person at the Main Office, 131 Court Street, Suite 103

** Alcoholic Beverages are Prohibited**

ELY SQUARE GAZEBO

Ely Park Gazebo is available for rental for weddings and pictures. The cost for rental is \$15 per hour for resident. All reservations must be made in person at the Main Office, 131 Court Street, Suite 103.

** Alcoholic Beverages are Prohibited**

FRIENDS OF CASCADE PARK

Friends of Cascade is a group of volunteer Elyrians who organized in April 1982 to promote welfare of Cascade & Elywood Parks. For more information about the group contact the main office at 326-1500.

PROGRAM UPDATES

The Parks & Recreation Department uses cable television Channel 12 to provide program and service updates. Also, check our website and Facebook for additional information.

CEMETERIES

The Cemetery Division of the Parks and Recreation Department maintains and operates:

- Ridgelawn Cemetery, 285 Columbus Street
- North Murray Ridge Cemetery, 8230 North Murray Ridge Road
- Brookdale Cemetery, 41600 Oberlin Road

For information on advanced planning or the purchase of lots contact Brookdale Cemetery Office at (440) 322-3896.

Fall and Winter Holiday Decoration Schedule Cemetery Division



FALL CLEAN-UP



All decorations must be removed by
Friday, October 28, 2016

HOLIDAY FLOWERS/WINTER DECORATIONS



Decorations are permitted beginning
Monday, November 1, 2016
and must be removed by
Thursday, March 24, 2017



For information on advanced planning or the purchase of lots contact the Brookdale Cemetery at 440-322-3896.

SATISFACTION GUARANTEED

The department guarantees you will enjoy and be satisfied with recreation classes, programs, and services in which you participate. If you are not completely satisfied after the first session or meeting time, tell us and we'll explain our guarantee and refund policy.

INFORMATION ACCURACY

Occasionally, there may be an error in dates, times, registration requirements, fees or other pertinent information in our brochure. When such errors occur, our staff will do everything possible to correct the situation promptly.

PHOTO RELEASES

Elyria city staff may take photographs of participants in our programs, classes and events, people in our parks, or on park property. Please be aware that these photos are for the City's use only and may be used in future program guides, brochures, news articles or on the website.

REGISTER FOR PROGRAMS ON-LINE AT

WWW.CITYOFELYRIA.ORG/DEPARTMENT/PARKS



LIKE US ON FACEBOOK

CANCELLATION POLICY/LATE FEE

The Elyria Parks and Recreation Department reserves the right to cancel any activity, program or event based on insufficient registration, or inclement weather. A \$5 late fee will be added to any registration received after registration ends.

REGISTER FOR PROGRAMS

ON-LINE AT

WWW.CITYOFELYRIA.ORG/DEPARTMENT/PARKS

LIKE US ON FACEBOOK

WATERCOLORS WITH CLELA

Fall Session 1: September 20, 27 October 4 and 11

Fall Session 2: October 18, 25, November 1 and 8

Fall Session 3: November 15, 29, December 6 and 13

Classes will be held on Tuesdays at South Recreation Center 10:30 a.m. - 12:30 p.m., 1:30 - 3:30 p.m., or 7:00 - 9:00 p.m.

Cost: \$36

Drop in fee: \$10 per class

Fee does not include supplies



ADULT FALL SOFTBALL LEAGUES

Sunday	Men's D+	9:00 & 11:00 am	Double Header
Tue/ Thur	Men's D	6:30 & 7:30 pm	Two games per week
Wed.	Men's D	6:30 & 8:30 pm	Double Header
Thur	Co-Ed Novice	6:30 & 8:30 pm	Double Header

Entry Fee: Men's \$310 Co-ed \$310
Each team required to pay umpire fee prior to each game.

Registration: August 1 - August 21, 2016

Season Begins August 28th
All games are played at West Ball Fields



ADULT VOLLEYBALL PROGRAMS

ADULT VOLLEYBALL LEAGUES

Matches are played at West or South Recreation Ctr.
Divisions of Play : Women's, Men's, Co-Ed
(Upper & Lower Levels)

Fall 2016 Important Dates:

Friday, August 19 - League Application Due

Friday, August 26 - Entry Fee Due

Monday, September 12 - League Play Begins

Winter 2017 Important Dates:

Friday, December 2 - League Application Due

Wednesday, December 7 - Entry Fee Due

Week of January 2 - League Play Begins

Entry Fee \$175

Teams responsible for paying official before each match

ADULT DROP-IN VOLLEYBALL

Program is held at West Recreation Center
Saturdays, 6:30-8:30 p.m.
November 2016 - April 2017

Cost \$3 per Adult*
*(High School age and older)



YOUTH BASKETBALL PROGRAMS

START SMART BASKETBALL

Boys and Girls Ages 3 - 5

Start Smart Basketball, a program of the National Alliance Youth Sports, teaches children, ages 3 - 5, the basic motor skills and sports mechanics necessary to play organized basketball while they work **one-on-one** and spend quality time **with a parent**.

Classes will be held at the South Recreation Center.
Each participant receives a basketball.

Session I 2016

Saturdays, November 5 - December 17 (skip November 26)

Class times: 10:00 a.m. or 11:00 a.m.

Registration Ends: October 28

Session II 2017

Saturdays, February 25—April 1

Class times: 2:00 p.m. or 3:00 p.m.

Registration Ends: February 17

Cost: \$38 Non-Resident: \$43



ELYRIA CATHOLIC MINI-BASKETBALL CAMP

Boys and Girls Grades 3-6

Elyria Catholic Boys Basketball Coaching staff and players will be instructing a basketball camp for boys and girls in grades 3-6. The camp will be held at the East Recreation Center from 10:00-12:00 noon, Saturdays October 22, 29 and November 5. Participants will learn skills, drills and tips to the sport of basketball.

Registration Ends: October 14

Cost: \$16 Non-Resident: \$21

BASKETBALL SKILLS CLINIC

Participants ages 6—grade 3 will learn the proper fundamentals of dribbling, passing and shooting. Basic rules and fun scrimmages included. An **eight foot goal** will be used.

Program will be held at South Recreation Center.
Each participant receives a basketball.

Session I 2016

Wednesdays, November 9 - December 7

Class times: 5:30 or 6:30 p.m.

Registration Ends: November 4

Session II 2017

Wednesdays, January 11 - February 8

Class times: 5:30 or 6:30 p.m.

Registration Ends: January 4

Cost: \$38

Non-Resident \$43



"ROOKIE" BASKETBALL LEAGUE

Boys and Girls Grades 1 - 2

Emphasis will be placed on learning fundamentals, team work, sportsmanship and fair play. Participants will be placed on a team with volunteer coaches. An **eight foot goal** will be used and games will be 4 on 4. The program will be held at South Recreation Center. The first two weeks teams will practice and the remaining 4 weeks teams will be formed with scrimmage play included.

Session I 2016

Saturdays, November 5 - December 17 (skip Nov. 26th)

Registration Ends: October 21

Session II 2017

Saturdays, January 14 - February 18

Registration Ends: January 4

Cost: \$38

Non-Resident: \$43

JUNIOR BASKETBALL LEAGUE

Boys in Grades 7 - 8

A league for boys in grades 7 and 8, who do not play on the school team. The program will be held at the East or South Recreation Centers beginning December 3 with pre-season practices. Teams practice one night during the week and play an eight game schedule. Games will be on Thursday evenings beginning January 5.

Registration Ends: November 10

Cost: \$45 Non-Resident: \$50

YOUTH BASKETBALL LEAGUE

Boys and Girls Grades 3 - 6

Program will be held Saturdays at South & East Recreation Centers. Volunteer coaches are needed. If you are interested in coaching call our main office at 440-326-1500. Teams practice one night per week at East, South or West Recreation Centers.

Divisions of play are: Grades 3 - 4 & Grades 5 - 6.

Winter 2016/17 (December 3 - February 25)

Registration Ends: November 10

Spring 2017 (March 11 - April 22)

Registration Ends: February 22

Cost: \$46

Non-Resident: \$51



THE ACTIVE PEOPLE

The Active People Program is designed for all mature men and women to enjoy physical activities and fellowship. The program is **FREE** and is funded by Community Development Block Grant Funds.

HOURS 9:00 a.m. - 12:00 p.m.

BLOOD PRESSURE CHECKS

Mondays: 10:00 - 11:00 a.m. East Rec Center
Provided by the Elyria Fire Department



CHAIR YOGA

Mondays: 10:00 - 10:45 a.m. East Rec Center
Wednesdays: 10:00-10:45 a.m. West Rec Center

LINE DANCING

Thursdays: 9:15- 9:45 East Recreation Center



ADDITIONAL ACTIVITIES

Bus Trips, Speaker, Luncheons, Themed Parties, and Out to Lunch Gatherings

C.R. Hoagland WEST Recreation Center
1200 Foster Avenue 440-323-7755

Wednesdays: 10:00 Chair Yoga, Modified Volleyball, Cards and Walking

Fridays: Morning Fitness (Low Impact Aerobic & Stretching), Volleyball and Walking

Charles M. Hyman EAST Recreation Center
1101 Prospect Street 440-322-3028

Mondays: 10:00 Chair Yoga, Indoor Shuffleboard and Walking

Tuesdays: Modified Step Aerobic, Pickle Ball and Walking

Thursdays: Line Dancing, Shuffleboard, Pickle Ball and Walking

Registration just got easier!

We are now accepting On-line registrations at www.cityofelyria.org/departments/parks, Or by mail or in person at our Main Office.

OPEN SKATE SCHEDULE
November 3, 2016 through March 10, 2017

Thursdays	1:30 - 3:30 p.m. (Adults Only)
Fridays	7:00 - 10:00 p.m.
Saturdays	1:00 - 3:00 p.m. & 7:00 - 9:00 p.m.
Sundays	1:00 - 3:00 p.m.
Sundays	6:00 - 8:00 p.m. (Family Skate)

Skate Rental \$3

ADMISSION/RENTAL RATES

Adult Thursdays	\$3	Adults Only
Friday Evening	\$4	Youth
	\$5	Adult
Sat.-Sun. Afternoon	\$3	Youth
Saturday Evening	\$4	Adult
Sunday Evening	\$2.50	Youth
(Family Skate)	\$3.50	Adult
Skate Rental Fees	\$3	All Ages
Season Passes	\$60	All Ages
Ice Rental	\$165 per hour	

To reserve Ice Time call (440)326-1501 for availability.

SPECIAL OPEN & HOLIDAY SKATES

Wednesday, Nov. 23	4:30-6:45 p.m.
Friday, Nov. 25	1:00 - 3:30 p.m. & 7:00 - 10:00 p.m.
Dec. 19-23	1:00 - 3:30 p.m.
Dec. 26-30	1:00 - 3:30 p.m.
Monday, Jan. 16, 2017	1:00 - 3:30 p.m.
Monday, Feb. 20, 2017	1:00 - 3:30 p.m.


Admission Fees:
\$4 for Youth, \$5 for Adult
Skate Rental Fee: \$3

BIRTHDAY ICE SKATING PARTY PACKAGE

Party packages available! Includes admission, skate rental, cake, hotdog, bag of chips and drink for \$150 for a party of ten. Times available are Saturdays & Sundays 1:00 - 3:00 p.m. during the Open Skate Sessions.

For details and to schedule a party call 440-326-1500.

 **Reservations & payment due 7 days in advance.** 



PARENT & TOT CLASS

Ages: 2-5 years old

One adult goes on ice with the child

Tuesdays 6:15-7:00 p.m.
Thursdays 6:15 - 7:00 p.m.

Session 1: November 8-December 22
Session 2: January 10-February 16

Cost: \$46 Non-resident: \$51
Skates Included

 **Skating Clinic** 

December 21st : 12 - 12:45 p.m.
Registration Ends: December 16
Ages: 6-8 years old
\$5 per skater (Includes skate rental)

Instruction will include:
learning new skills and refining current skills

 **Hockey Clinic**

December 28th : 12-12:45 p.m.
Registration Ends: December 23
Ages: 9-11 years old
\$5 per skater (Includes Skate Rental)

Instruction will include:
power skating and puck handling!
(Must provide stick and helmet)

Participation includes admission for our Open Skate (1-3:30pm) immediately following the clinics.

Learn to Skate

Learn the fundamentals of ice skating. Skaters ages 3-Adult learn basic skills such as stopping to more advanced skills as jumps and spins. The program is set up to be fun, challenging and rewarding.

LESSON DAYS & TIMES

Session I: November 8 - December 22, 2016
Classes offered Tuesdays or Thursdays - 6 Weeks
Class once per week.
Registration Ends: November 3

Session II: January 10 - February 16, 2017
Classes offered Tuesdays or Thursdays - 6 Weeks
Class once per week.
Registration Ends: January 8

Session III: February 21 - March 9, 2017
Classes offered Tuesdays & Thursdays - 3 Weeks
Class twice per week
Registration Ends: February 19

TOT: Children ages 3 - 6. Classes are 30 minutes in length with 10 minutes of practice.

YOUTH: Children ages 6 - 16. Classes are 30 minutes in length with 10 minutes of practice.

ADULT: 16 years of age and older. Classes are 30 minutes in length with 10 minutes of practice.

PARENT & TOT: Ages 2 - 5 years
****Adult is required to go on the ice with child.****

Tuesdays (Session I & II Only)
5:15 - 6:00 p.m. Tot 1 - 3; Beginner 1 - 4; or Adults;
6:15-7:00 p.m. Beginner 6-8
6:15-7:00 p.m. Parent & Tot

Thursdays (Session I & II Only)
5:15 - 6:00 p.m. Tot 1 - 3; Beginner 1 - 4; or Adults;
6:15-7:00 p.m. Beginner 6-8
6:15-7:00 p.m. Parent & Tot

Tuesdays & Thursdays Session III Only
5:15 - 6:00 p.m. Tot 1 - 3; Beginner 1 - 8; or Adults

Cost per session: \$46 Non-Resident \$51
INCLUDES SKATE RENTAL
A \$5 late fee will be added if registered the day classes begin or later.

CLASS DESCRIPTIONS

PARENT/TOT (Sessions I & II at 6:15 p.m.)
Class is designated for parent and skater to become more at ease on the ice. Emphasis is on proper falling and standing, forward and backward skating, and maneuverability. We will also give parents learn to skate tips.

TOT 1
This class starts off the ice. Parents are shown the correct way to lace and tighten skates. Students are shown how to stand in skates, safely fall, and the correct way to stand up. Once on the ice, the same procedures are done to get the students comfortable with falling and standing up by themselves. Students will also learn to march, glide and dip.

TOT 2
Skaters should have a strong forward marching. Emphasis on a two foot glide with a deep knee bend. Two foot hop, swizzles, snowplow stop, and backward skating is introduced.

TOT 3
Forward marching and one foot short glides are introduced. Emphasis on the snowplow stop and backward swizzles.

Beginner 1
This class is designed for the beginning ice skater. Students start by learning about their skates, proper fit and how to lace and tie them correctly. Skills include skating in a straight line and gliding.

Beginner 2
This class introduces the skills necessary to skate backward, snowplow stop, backward two foot swizzles, turning from forward to backward, gliding backward on two feet. The skater learns one foot forward gliding, forward and backward slaloms.

Beginner 3
The skater is asked to refine their stroking by learning to turn the foot out before pushing. Forward and backward swizzles, two foot spin and gliding backward.

Beginner 4
The skater will work on forward outside three turn, from a T position. Forward crossovers, backward one foot gliding, and forward inside and outside edges are introduced.

Beginner 5
The edges taught in the last level will now have a turn added to them. One foot spin will be reviewed and revolutions added along with the proper exit. Slide toe hop, T-Stop with an outside edge. Backward crossovers along with inside and outside edge work is introduced.

Beginner 6
Skaters will learn hockey stops, bunny hops, spirals, lunge backwards to forward two foot on a circle.

Beginner 7
Skaters will work on a Mohawk from a T position, backward crossovers, and beginning scratch spin.

Beginner 8
Skills worked on will be an outside and inside three turn on a circle, and forward inside pivots.

